



1. For soft skin, try Sanctum Soothing Cream Cleanser, \$17.95 (150ml), with aloe juice, canola, and aromatic oils.
2. Give hair some TLC, too, with Alterna Bamboo Abundant Volume Shampoo and Conditioner, \$29.95 each.
3. Subtle Energies Rose and Cardamon Hand Cream, \$39.95, combines healing ayurvedic ingredients and smells divine.
4. POD Liquid Detox, \$60 (150ml), exfoliates using natural enzymes.
5. Dermaiduals Modular Hyaluronic Acid Lipsomes Plus, \$180 (20ml), goes deep into the skin to plump out wrinkles.
6. Antipodes Organic Avocado Oil & Rosehip Divine Face Oil, \$33, boosts collagen production and heals blemishes.
7. Jurlique Skin Balancing Face Oil, \$62 (150ml), helps retain moisture and protects against environmental damage.
8. Grown Eye Cream, \$59, reduces the appearance of dark circles with vitamins A, E and D.
9. Ilcsi Flavonoid Extra Cream, \$80, uses nature's powerful antioxidants to rejuvenate skin.
10. Lapuretè Okuru Protective Day Crème, \$59.90, has natural peptides which help reduce the appearance of expression lines.
11. Vanessa Megan Natures Elixir Face Oil (N.E.O.), \$64 (25ml), is rich in vitamin A and zinc, while (12) Kakadu Plum Anti-Ageing Serum, \$48 (15ml), firms and hydrates using vitamin C, hyaluronic acid and beta glucan.

# Back to NATURE

A change in season is the perfect time to freshen up your beauty regimen and give yourself a break from synthetic products. Packed with the best ingredients nature has to offer (such as aloe, jasmine and rose oils) and the latest advances in botanical skincare (such as a new hyaluronic acid liposome, which plumps out wrinkles), these products deliver skin so soft, you won't believe your fingertips. And, of course, one of the best things about naturals is their beautiful scent. Your skin will thank you for it. **SUZANNE WANGMANN**

PHOTOGRAPHY: GUY BAILEY. STYLING: KRISTEN BARRIOS. FOR STOCKISTS, SEE PAGE 28.